Kingston u3a News Bulletin June 2022 No 44

(Sent out Saturday, 28 May 2022)

It was great to hear that Kingston **u3a**'s trip to the Peak District had been a great success. We had excellent feedback from members. Many thanks to Gisela and her team for organising this. It's good to be able to travel again after so many months of lockdown. There are still places available on the next two outings – a tour of Midsomer Murders Country and a visit to Pitzhanger Manor in Ealing – so check out the details and the deadlines for registration below.

You'll find an up-to-date list of the Third Age Trust's online talks on a wide range of subjects in June and July. It's not too late to register for events at the London Region Summer School and listed below are those where tickets are still available. Surrey Network has also scheduled its next three study dates. Further details and booking will be available in June.

Details of Kingston **u3a**'s next three monthly meetings are given below, along with submission dates for our next news bulletin and newsletter. We look forward to receiving your contributions and photographs for the Autumn newsletter.

Don't forget that our own website, <u>Kingston u3a</u>, has all the latest news as well as information about our groups and copies of our past news bulletins and newsletters.

In the meantime, enjoy the celebrations for the Queen's Platinum Jubilee next week.

GAS Outings

The recent **u3a** trip to the Peak District went very well and those who took part appreciated the excellent hotel and food.

There are still places available on the trip to Midsomer Murders Country and the tour of Pitzhanger Manor. It's not too late to still sign up but please note the following deadlines:

- Midsomer Murders Country on Thursday, 16 June: deadline is Wed, 1 June.
 (Contact: Margaret Harold, m.harold@live.co.uk, 020 8892 2280.)
- Pitzhanger Manor on Wednesday, 6 July: deadline is Thu, 30 June. (Contact: Jacqui Hine, jacqui@hine.org.uk, 020 8549 1924.)

You can find details of both these trips and the application forms in the Summer Newsletter which came out at the beginning of May. You can also download a copy from the Kingston u3a website.

u3a Online Events

The Third Age Trust is holding some online talks in June and July which may be of interest to you.

You can see them all listed on the national <u>u3a</u> website, along with dates and times. These events are free of charge.

- How to Get Published: Some Practical Advice Mon 6 Jun, 2pm
- <u>Laughter Yoga Workshops</u> New sessions, second Wednesday of the month, Jun-Dec, 10am
- Post-War Blues 4-part series, Thu 9, 16, 23, 30 Jun, 10am
- Mindfulness and Mediation 6-part series, Thu 9, 16, 23, 30 Jun and 7, 14 Jul, 10am
- Exploring World Faiths: Exchanging Ideas Mon 20 Jun, 10am
- Discovering Japan: Part 2 Tue 21 Jun, 10am
- What will it really take to deal with Climate Change? Fri 24 Jun, 10am
- Artificial Intelligence Fri 1 July, 10am
- <u>Derek Jarman's Garden</u> Fri 8 Jul, 2pm
- Secret History: Deciphering Information –Thu 14 Jul, 2pm
- <u>Book Groups Discussion Forum</u> (a discussion on how to run a book club) Second session, Fri, 22 July, 2pm
- <u>u3a Science Network: 40th Anniversary Meeting</u> Tues 26 July, 10.30am-3.30pm
- Cryptic Crosswords Explained Thu 28 July, 10am

It's a good idea to make a note of the national **u3a** Events page and check it regularly to make sure you are in time to book any new talks you are interested in. By the time we publish our bulletins and newsletters, these events are often sold out.

London Region Summer School: 26-27 July

Sessions for the summer school are booking up quickly so don't miss out!

A few spaces remain for the walks but there's still availability for a wide range of interesting talks and workshops:

- Music: Symphonic London; The Story of Jazz in London
- Literature: William Golding (author of Lord of the Flies and more); Conan Doyle
 Sherlock Holmes and London
- Drama Workshops: Playing with Shakespeare; Writing Your Own Play
- Science & Technology: Sir Magdi Yacoub (pioneering heart surgeon) Biosciences in London; The Thames Tunnel; Carbon Capture
- London Traditions: Pearly Kings and Queens

Location: This will be held at St. Bride's Institute, off Fleet Street. It is an in-person event for **u3a** members only.

Cost: £39 per day including refreshments and lunch. You can choose to attend for one or both days.

Booking: Application forms are available on the <u>Events</u> page of London Region website.

Enquiries: Contact Catherine Ware at talks.lru3a@gmail.com.

Surrey Network: Study Days

More study days have been arranged in the coming months and you will soon be able to register.

Time: 10am-4pm, (registration and login begin at 9.30am)

Dates: See programme details below.

Place: You can attend in person at the Menuhin Hall, Stoke d'Abernon or join online via Zoom.

Cost (including tea/coffee biscuits): £12 for members and £15 for guests attending in person. £5 for those attending via Zoom. Attendees should bring their own packed lunch.

Programme:

 <u>Understanding Turner – The Man, His Life and His Work</u>: Professor Maria Chester – Fri 17 June

Future Study Days

- Cuneiform Tablets and Noah's Ark Fri 16 Sep
- Eureka: A Brief History of Maths from 3000 BC to 2000 AD Fri 21 Oct
- Industrial Archaeology of London Fri 18 Nov

Places will be available in the hall or for online viewing. Booking opens in June, so keep an eye on <u>Surrey Network</u>'s website.

Kingston u3a: Monthly Meetings

The meetings listed below will be online via Zoom. We'll send out invitations to all those members for whom we have email addresses. Up to 100 people can participate in an online meeting. For these meetings you are also welcome to come along to the United Reformed Church in person. You do not need to book in advance.

Monday 6 June, 2pm

Family History for Beginners - David Eniffe

This talk aims to encourage people to get involved in researching their ancestors for the first time. It explains how to use the basic tools to build a family tree and takes them through a virtual journey back in time, with illustrations of census returns and other documents. It shows how to illustrate your research with photographs, stories and newspaper reports. It covers up-to-date guidance on accessing new documents and information on the ever-changing internet sites.

Monday 4 July, 2pm

Prosthetic Perils - Andy Smith

Andy is a double-amputee who suggests that life with a disability, whilst often challenging, can have its lighter side. Since losing his lower right arm and leg in an accident three decades ago, he has had many adventures at home and abroad, though some adventures are best avoided. During this presentation of pithy, entertaining poetry and commentary, Andy talks about childhood years when, in an extraordinary way, wartime recollections of a WW1 soldier and a WW2 fighter pilot helped to prepare him for the personal trials to come

Monday 1 August, 2pm

"What Time is the Midnight Buffet?" - Vince Eager

Vince tells of the 14 years he spent as a cruise director working for an American cruise line. There'll be stories from onboard and on shore. It will all be very light-hearted – cruises that didn't exactly go right, passengers falling out and ships running out of fuel. And he'll go behind the scenes, looking at what some passengers get up to and how the crew get their own back.

Autumn Newsletter

We are looking for contributions to our next quarterly newsletter which will be out in August.

We're always happy to receive articles on topics such as:

- reports from your groups
- poems
- stories
- recommendations for books, programmes on TV, radio or online, box sets.

Photos (with captions) are always welcome and brighten up our pages.

Please send any contributions to Susan at newsletter@kingstonu3a.org.uk by Wednesday, 13 July.

The next Kingston **u3a** news bulletin will be emailed to you in early July. Please forward any contributions or suggestions to Susan Hinchsliffe at communications@kingstonu3a.org.uk by Friday, 24 June.

In the meantime, please check the Kingston u3a website regularly. Many thanks.

Changing your Membership Details

If you change your address, email or telephone/mobile number, please let Chris Cheek know at database@kingstonu3a.org.uk. Chris is also able to change your preferences for receiving post or emails or the *Third Age Matters* magazine.

Changing Group Details

If you spot any mistakes or need to make any of the following changes to the Groups & Contacts list which is published in the quarterly newsletter:

- a group's name
- meeting times and locations
- a group leader's contact details

please let Keith Maund know at keithmaund@outlook.com. He keeps a master copy of the spread sheet which contains all this information and passes it on to the newsletter editor, Susan Hinchsliffe, and the webmaster, Diane Wilson. Thank you.