

Kingston u3a News Bulletin July 2023 No 53

(Sent out on 28 June 2023)

A short newsletter this month with a few reminders of which talks and study days are currently on offer, along with a list of our next few monthly meetings and details of the talks and speakers.

You'll also find the deadlines for our next bulletin and newsletter. We look forward to receiving your contributions.

Please take a moment to review the information at the end of this news bulletin. If you need to check deadlines for our next newsletter and news bulletin, you'll always find the latest dates there. Likewise, if you need to change any of your **u3a** membership details (address, email address, telephone number) or group details, you'll find the names and contact details of the person you need to inform. Thank you.

Next month we'll be sending out our autumn newsletter which will include an invitation to the AGM on 6 November, a request to renew your membership and the opportunity to join Kingston **u3a**'s executive committee. A couple of our current committee members will be standing down and, as ever, we are looking to recruit some new blood. Why not consider joining us?

That's all for now. Have a great summer!

u3a Online Events

The Third Age Trust is hosting some online talks in July which may be of interest to you.

You can see them all listed on the national [u3a](#) website, along with dates and times. These events are usually free of charge.

- [Laughter Yoga](#) – Monthly sessions Jul-Dec, Wednesdays at 10am: 5 Jul, 9 Aug, 13 Sep, 11 Oct, 8 Nov, 13 Dec
- [Richborough Roman Fort and Amphitheatre](#) – 10am Thu, 6 Jul
- [Introduction to Cryptic Crosswords](#) – 10am Wed, 12 Jul
- [Into the Mind of an Artist: Van Gogh \(Part 2\)](#) – 10am Tue, 18 Jul
- [Expedition Cruising: The Scattered Islands](#) – 2pm Thu, 20 Jul
- [Philosophy and Travel](#) – 2pm Thu, 20 Jul

- [History of US Military Aviation in East Anglia](#) – 10am Tue, 25 Jul
- [Maths Activities and Games Workshop](#) (repeat event) – 1.45pm Thu, 27 Jul

London Region: Summer School

2023's summer school will be held Tue 25-Wed 26 July.

Place: St Bride Foundation Institute, 14 Bride Lane (off Fleet Street), EC4Y 8EQ

Cost: £41 per day including refreshments and buffet lunch with a choice of healthy salads and fruit.

Programme: Activities include 17 talks, four workshops and eight guided walks. The wide range of subjects includes: Art, Current Affairs, History, Literature, Performing Arts, Music, Sciences, Social Studies.

You can see full details in the [Summer School Programme](#).

Booking: Once you have studied the programme and decided which event(s) you would like to attend, you can enrol and pay via the [online booking form](#). Please check [London Region](#)'s website to see where places are still available.

Surrey Network: Study Days

Study days have been arranged in the coming months and you can now register.

Time: 10am-4pm (registration and login begin at 9.30am)

Dates: See programme details below.

Place: You can attend in person at the Menuhin Hall, Stoke d'Abernon or join online via Zoom.

Cost (including tea/coffee biscuits): £12 for members and £15 for guests attending in person. Attendees should bring their own packed lunch. £5 for those attending via Zoom.

Programme

- [An Utterly Incomplete History of Keyboards and Keyboard Music](#) – Fri, 15 Sep
- [Quarks, the Universe and Everything](#) – Fri, 20 Oct
- [Rembrandt: From Fame to Poverty and Final Acclaim](#) – Fri, 17 Nov

Places will be available in the hall or for online viewing. Booking is already open for the June-November events. This information is also available on [Surrey Network](#)'s website.

Kingston u3a: Monthly Meetings

Meetings are held at the United Reformed Church (URC) in Kingston on the first Monday of each month unless it is a bank holiday. Doors open at 1.30pm for a 2pm start. Please arrive promptly for the start of the meeting. Entrance fee is £1.

Tea/Coffee and biscuits are available at the end of the meeting.

At each meeting we have a book-swap stall where you can leave any good books you've read and would now like to dispose of and/or pick up one or two that someone else has brought in.

Please note: The church has recently reduced the number of people we can admit to the hall by 30, which means we can accommodate only 120 people. But you do not need to book in advance.

Monday 3 July, 2pm

Paula Rego at the National Gallery – Colin Wiggins

Colin talks about his collaboration with Paula Rego while she was Associate Artist at the National Gallery; the exhibition he curated at the end of her appointment; and the progress of her work *Crivelli's Garden*, which will be exhibited at the gallery from July until October.

Monday 7 August, 2pm

Simply Gershwin: The Music of George and Ira – Howard Slater

The life story and music of Ira, lyricist, and his brother George, composer, who created some of the most memorable songs of the Jazz Age.

Monday 4 September, 2pm

Surviving and Escaping Nazi Occupation of Poland – Seymour Kelly

Seymour tells his mother's tragic and resilient story of loss and survival.

Autumn 2023 Newsletter

We are looking for contributions to our next quarterly newsletter which will be out in August.

We're always happy to receive articles on topics such as:

- reports from your group
- poems
- stories
- recommendations for books, programmes on TV, radio or online, box sets.

Photos (with captions) are always welcome and brighten up our pages.

Please send any contributions to Susan at newsletter@kingstonu3a.org.uk by Wednesday, 12 July.

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The next Kingston **u3a** news bulletin will be emailed to you in early September. Please forward any contributions or suggestions to Susan Hinchsliffe at communications@kingstonu3a.org.uk by Friday, 25 August.

In the meantime, please check the Kingston u3a website regularly. Many thanks.

Changing your Membership Details

If you change your address, email or telephone/mobile number, please let Chris Cheek know at database@kingstonu3a.org.uk. Chris is also able to change your preferences for receiving post or emails, or the *Third Age Matters* magazine.

Changing Group Details

If you spot any mistakes or need to make any of the following changes to the Groups & Contacts list which is published in the quarterly newsletter:

- a group's name
- meeting times and locations
- a group leader's contact details

please let Keith Maund know at keithmaund@outlook.com. He keeps a master copy of the spread sheet which contains all this information and passes it on to the newsletter editor, Susan Hinchsliffe, and the webmaster, Diane Wilson. Thank you.