Kingston u3a Newsletter

Volume 15 Issue 3 August 2025

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It's good to see that our Autumn Newsletter can celebrate the survival of Kingston **u3a**, thanks to the readiness of several volunteers to take on various roles. You will find more information about these volunteers inside.

August's also the time to renew your membership and we'd be grateful if you please do so promptly. The election of members of the Executive Committee is also due and we'd appreciate your participation in this process.

One not so good piece of news is the increase in scam emails our members are receiving. We beg you to read the article on p5, find out how the scam works and how to avoid being conned into parting with your money.

We have two excellent articles from our members. The Climate Emergency group recently met up with local MP Ed Davey to discuss the climate crisis. Patty Lloyd describes how being in a wheelchair doesn't stop her going out with several Kingston u3a groups, thanks to the help of the members. It's great to see, too, that Kingston u3a is also planning another round of visits, so take a look and see if you would like to come along.

Best wishes to you all in the meantime.

Members of the Executive Committee

Admin Matters

A Fond Farewell to Joy Garvey ...

We were sad last April to learn of the sudden death of our then Chair, Joy Garvey.

Joy had been a well respected teacher at Tolworth Junior School (TJS) and, as an Advanced Skills Teacher, was given the Mayor's Award for 'working tirelessly to support schools in Kingston'. She was a governor at TJS from her retirement in 2008 until she fell ill earlier this year.

Joy joined Kingston **u3a** in 2011, becoming Treasurer in 2017 until December 2023, when she took on the role of Chair.

We shall miss her and thank her for her years of service to Kingston **u3a**.

... and Welcome to our New Chair



Dear Members

I'm really happy to have taken on the role of Kingston **u3a** Chair.

I believe that the **u3a** is an invaluable asset and exemplifies that there is life after 50. Whether you're semi-retired or

retired, Kingston **u3a** provides the opportunity to learn, stay active and grow.

An American by birth, I've had a variety of experiences in my working life, having post-university served as a press intern for a US (Democrat) Congressman.

I met my husband Bill while he was on holiday in the US and I moved to the UK to study acupuncture. We were married a year to the day after we'd met. We have two children, Davinya and Billy.

I've worked in the Further and Higher Education sectors for over 25 years. I've been a member of UNISON for 33 years and was chair of the Kingston University Branch for five. I was also an elected member of the UNISON National Higher Education Executive Committee for three years.

Bill and I joined Kingston **u3a** nearly three years ago. I'm a member of a Drawing & Painting group, attend the newly formed Complete Beginners French group and have dabbled in the Climate Emergency group with Bill, who is also a member of the group.

I've found Kingston **u3a** to be a friendly group of people and have always felt welcome. I hope that, together, we can continue to thrive, develop, and grow.

Luanne Higgins

Change of Secretary

We say goodbye to **Francesca Cura** who has acted as Secretary for over two years. As well as fufilling her duties in this role,

Francesca ran a successful MOTO group for a number of years and belongs to both a book club and a walking group.

Many thanks, Francesca, for all your hard work and help over the years.

As Francesca leaves, we welcome **Liz Richardson** as our new Secretary. 'I only joined Kingston **u3a** six months ago and, so far, I'm enjoying Singing for Fun and one of the book groups. I've found the monthly meetings interesting and enjoyed taking part in the annual quiz.

'Having just joined and seeing that there was more to discover and enjoy in Kingston u3a, I was happy to volunteer for the role of Secretary. I'm looking forward to learning the new skills it will require and to meeting more members.'

* * * * * * *

Treasurer And Database Manager

Our thanks to **Helen Brett**, our previous Treasurer, for all the hard work she did looking after Kingston **u3a**'s finances over the months.

No one has yet volunteered to become Treasurer but **Chris Cheek** (who manages the database) has offered to act as our Treasurer temporarily. We appeal to those of you with bookkeeping skills to consider taking on this vital role.

Our thanks go to **Teresa Hall** who has kindly offered to help Chris with the database.

'I belong to the Singing for Fun group,' says Teresa, 'and decided to volunteer for this position because, having been part of that singing group, I wanted to give something back to the **u3a**, which makes all the groups possible.'

In accordance with the constitution of the u3a, notice is hereby given that the 34th Annual General Meeting of Kingston u3a will take place at the United Reformed Church at 1.30pm on Monday, 3 November 2025.

Liz Richardson, Secretary

Annual General Meeting

We look forward to seeing you at our Annual General Meeting, which precedes our monthly meeting on 3 November.

If you would like to raise a particular subject at the AGM or have any comments or suggestions, please contact Liz Richardson by noon on Monday,13 October at the latest.

You can email her at secretary@kingstonu3a.org.uk or phone her on 07359 970165.

We'll take questions on the day but advance notice would be useful in case we need to check any information before the meeting.

Agenda

- 1. Apologies
- 2. Minutes of AGM 4 November 2024 *
- 3. Chair's Report *
- 4. Treasurer's Report *
- 5. Approval of the Examiner *
- 6. Election of the Executive Committee 2025/26 *
- 7. Any other business
- 8. Date of the next AGM
- * Items requiring a vote

Subscriptions

You must to be a paid-up member of Kingston **u3a** to join one of its groups. This is particularly important for insurance purposes.

Membership of another local **u3a** does **not** entitle you to membership of Kingston **u3a**.

We shall ask group leaders to check updated membership later in the year.

Membership Renewals

The single annual membership fee is £15 and the joint fee £24 for two members living at the same address.

As renewals by cash or cheque require much more handling by our small

team of volunteers, we strongly encourage members to pay by bank transfer or standing order.

If you still prefer to renew by cash or cheque, please submit the form in the centre of this newsletter, being sure to add £0.40 to your cheque to cover the additional bank charge incurred.

Renewal by bank transfer/ standing order

You do **not** need to submit a form if you renew by bank transfer or standing order.

Please note: Our bank account for membership payments changed in 2023. If you are still paying your subscription into the old account ending in 4165, please change it to the account number detailed below.

Account name: Kingston u3a

Sort code: 40 26 12

Account Number: 11441027

Reference: Your membership number,

your surname and first initial, eg

9876 Smith J

If you haven't renewed by 31 December of this year, we'll conclude that you no longer wish to remain a member and will stop sending you emails and the newsletter.

Executive Committee: Election of Members

We would welcome new members on to the Committee.

Members attend six Committee

meetings a year and can choose to help with aspects of administration, finance, the database, communications, groups, outings, membership, the website or monthly meetings. Help of this kind would be most welcome and training will be given, especially for finance.

Please note:To be eligible to join the Committee you must be proposed and seconded by two other members of Kingston **u3a** before the closing date shown below.

If you wish to join the Executive Committee, ask someone to propose you and another member to second you. Email your details with those of the proposer and seconder to the Secretary, making sure that you have the permission of all concerned before submitting the names. Send the email to:

secretary@kingstonu3a.org.uk by noon on Monday, 13 October.

Alternatively, complete the nomination form in the centre of this newsletter and hand it in to any member of the Executive Committee at the Monday meeting on 1 September or 6 October.

Email Scam Alert: Reminder

In the February Newsletter we alerted you to a regular email scam. The scammers have been at it again recently.

If you get an email that purports to be from a Committee member (see p16 for names) or a group leader (often using their email address), asking if you are available to help, if you have received their emails recently, or simply if you are

there, be on your guard!

You may be tempted to answer because you'll no doubt know the sender and want to help them but do not reply! If you do, the scammers will send you a second email with some sob story about a sick relative close to death, or claim they want to reward some u3a officers for their excellent work. They'll claim you can't contact them by phone at that moment but will ask you to go out and buy expensive gift tokens/cards - eg for Amazon, iTunes, or Airbnb - on a Committee member's or a group leader's behalf, promising to reimburse you later. Do not do this! We will never ask you to buy anything like this on our behalf, saying we'll repay you later.

If you do buy the gift cards, the scammers won't reimburse you. They'll ask you to email them the numbers on the cards, which they'll use to make online purchases. At that point, you have lost your money and won't be reimbursed

If in doubt, on receipt of the first suspicious email, ring the person concerned on a reliable number or contact a member of the Committee (details on p16) or the group leader.

Please be on the lookout for this scam. Be aware, too, that Kingston **u3a** is **not** liable to refund any money you may lose in this way. Nor will the bank be able to refund you as, to all intent and purposes, the transaction between you and the shop is legitimate.

And don't fall into the trap of thinking it will never happen to you!

Climate Emergency Group: Meeting with Ed Davey MP



In early June a few of us from the group, led by Christine Thompson, joined forces with some members of Kingston United Reformed Church (KURC) to meet Sir Ed Davey MP at the Lib Dem Constituency office in Surbiton. Our purpose was to discuss climate change.

We had planned to focus our discussions on the Climate and Nature Bill (the CAN Bill), introduced to Parliament by Lib Dem MP, Dr Roz Savage.

Having been Secretary of State for Energy and Climate Change during the Coalition years, Ed was well informed and could answer all our questions with clarity and understanding. He expressed a view that UK voters are concerned about the cost of living, social care/NHS

and immigration. When I brought up the subject of climate change, Ed said he regretted that the topic of climate change had dropped out of public discourse. He made the point that, amongst other things, immigration is linked to climate change.

Ed commented that we should support the use of renewable energy sources, eg tidal, water, wind and solar, and that we should also be using less gas and oil.

Ed is clearly familiar with his constituency and referred to his involvement with the local project called the Hogsmill Heat Network, whereby waste heat from the sewage works could be used to heat buildings. Our colleagues from KURC thought this might be worth

investigating when planning a new heating system for their Church.

On a global level we talked about how important it is for debt-laden countries to have their debts cancelled, on condition they invest in renewables. This development has already begun in some countries. Ed thanked Christine for raising this matter.

The meeting demonstrated the importance of addressing big challenges like climate change, economic inequality and how anyone can become involved in these subjects. Our meeting lasted well over the scheduled hour and Ed was very approachable and pleasant. We felt that we have a shared responsibility to tackle these issues and, hopefully, we have laid the foundation for future collaboration between community groups and their MP.

Bill Higgins

Travels in my Wheelchair

I'm a woman in a wheelchair and want to say I've been made to feel welcome in many **u3a** groups. I'm a member of Singing for Fun and belong to several MOTO groups, including the Weekenders and Friday Lunch ones. I've thoroughly enjoyed all these groups.

I've given three talks at the Weekenders group, one on my trip to Australia, one on my stay in Singapore and another on my paintings.

Our Monday group meets monthly to make sure we have things in the calendar to look forward to. I've been made to feel welcome and the other members have made sure that, wherever we go, there is wheelchair access. We went to the National Portrait Gallery in March and had a very nice lunch in a pub round the corner. We visited Kew Gardens in May and took the little train round the gardens (the first time for me). I'm a Friend of Kew, so my support worker and I can enter without paying. We went to St Paul's Cathedral in July.

My Friday Lunch group has had a few nice outings, too, and we are hoping this will continue.

Kingston **u3a** does get me out and about, and I'm thrilled that I joined them a couple of years ago. Thank you very much for making me feel a part of your movement.

Patty Lloyd

Kew Gardens: Free Tickets

Our free tickets to Kew Gardens have been a great success, with several groups taking the opportunity to organise an outing together.

We now have 30 new tickets so, if you would like to go along with a **senior citizen** friend (either a member or non-member of Kingston **u3a**), please contact Lorraine Helen. She will you send you an email, confirming our membership of the scheme. You would print out her reply or show it on your mobile at the entrance gate to Kew Gardens to gain admittance. Lorraine's details:

diversity@kingstonu3a.org.uk 07986 851959

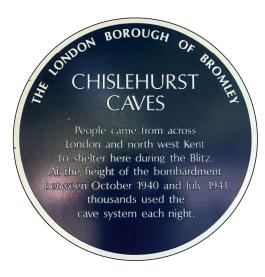
Visits

Chislehurst Caves, Kent

Chislehurst Caves are a popular tourist attraction, just half an hour's train ride from Waterloo East Station.

Unlike most caves formed naturally over thousands of years, these caves are man-made and can be dated back to the mid-13th century. They now cover tunnels and caverns stretching over 22 miles under the Kentish countryside.

Their purpose and use have changed over the centuries but they were originally created by the mining of flint (for tinder boxes and flintlock guns) and chalk (for lime burning and brick making). The mines were last worked in 1830.



Chislehurst Caves plaque ©Warren Bennett, CC BY-SA 4.0, via Wikimedia Commons

During WW1 they were used as ammunition stores, then for mushroom-

growing but are best remembered for sheltering over 15,000 people during WW2.

Our one-mile, one-hour guided tour of the caves is lit only by the lanterns we'll be given to carry.

We'll travel by Southern Railway from Waterloo East and arrive in time for coffee (not included in the price) before we begin our guided tour at 12.15pm.

Date: Wednesday, 10 September
Meeting Time/Place: 10.15am, Waterloo
Station opposite platform 4
Travel: We'll walk over the connecting
bridge to Waterloo East for our train to
Chislehurst, which is within the zone
covered by the Freedom Pass. More

Cost: £7.40

Accessibility: The nature of the caves means that this tour may not be suitable for some members:

details to follow in September.

- Lighting is low and some places are lit only by lanterns.
- The terrain is uneven and narrow in places. There are a few steps, narrow passageways and low ceilings. Wear good flat shoes.
- Regardless of outside temperatures, the caves always register about 50°F/10°C, so wear appropriate clothing.

To join us, please fill in the form in the centre of this newsletter and send it, with your cheque, made payable to **Kingston u3a GAS**, to Jacqui Hine:

jacqui@hine.org.uk, 020 8549 1924 (07754 705994 – morning of visit only).

Please keep this page for reference.

Globe Theatre: Tour

Would you like to be transported back to 1599 and tour the theatre for which Shakespeare wrote some of his plays? Well, a reconstruction of that theatre. Our guided tour, bringing the theatre to life, lasts about 50 minutes. It's followed by a self-guided tour of the exhibition space, reliving the sights, sounds and secrets of Shakespeare's London. In total the tour can last for two hours.

Afterwards you can explore what the area has to offer – Tate Modern (next door), St Paul's Cathedral (across the Jubilee Bridge) and nearby Borough Market.

If you wish, you can take a leisurely walk along the river back to Waterloo.

Date: Thursday, 16 October

Meeting Time/Place: 10am, Waterloo
Station, opposite platform 4

Cost: £21.40

Travel: We leave Waterloo Station via the exit at the end of the concourse by the old Eurostar platforms. We take the steps down to pavement level in York Road and walk to bus stop V to catch bus 381 towards Peckham Bus Station.

The bus journey takes about 10 minutes (5 stops) and we get off at Lavington Street. We turn left into Great Guildford Street and then right into Park



Stage of The GlobeTheatre, Southwark ©Richard Law, CC BY-SA 2.0, via Wikimedia Commons

Street which leads to New Globe Walk and the Globe Café for a welcome cuppa (not included in the price). There is also a Starbucks opposite.

We assemble in front of the Globe Theatre at 11.30am for our guided tour at 11.45am.

Accessibility: The Waterloo Station exit has steep steps down to pavement level in York Road. Please contact Pam Townsend if you need a different exit.

The guided tour in the Theatre covers four floors but there is a lift if required.

To join us, please fill in the form in the centre of this newsletter and send it with your cheque, made payable to **Kingston u3a GAS**, to Pam Townsend

pamandgil@icloud.com, 07789 397635

Please keep this page for reference.

Charles Dickens Museum: Tour

48 Doughty Street in Bloomsbury was the London home of Charles Dickens 1837-1839.



Entrance to the Charles Dickens Museum @Matt Brown, CC BY 2.0, via Wikimedia Commons

The five-storey house opened as a museum 100 years ago on 9 June 1925. It holds the world's most important Dickens collection. It contains many mementos from Dickens's life and writings.

The house is furnished throughout as it was when Dickens and his family were in residence. There are thousands of objects on display, including the writing desk where he wrote *Great Expectations* and *A Tale of Two Cities*. In the basement kitchen is the washhouse copper, which was cleaned out every December so they could boil the Christmas pudding. The artefacts, manuscripts, paintings and furniture give a valuable insight into Dickens's life, his family and the times in which they lived.

Only small handbags or backpacks are allowed in the Museum and must be worn on the front, or carried by hand.

After the visit, to round off your day, you may want to spend time in the British Museum, which is a short walk away from Dickens's house.

Date: Thursday, 6 November Meeting Time/Place: 10.15am, Waterloo Station opposite platforms 1-4 Travel: We leave the Station via the escalator to walk to the bus stop and take a bus to Russell Square (details to follow). After refreshments at the Caffè Tropea in the Square (not included in the price), we set off for the 15/20-minute walk to the Museum. Depending on the group size, our entry may be staggered, with half entering at 12pm and half at 12.15pm. If this is the case, the second group will stay a little longer at the Caffè to avoid congestion outside the Museum. Cost: £11.35 (entry to Museum and selfguided tour). There is no reduction for National Art Pass holders when in a group. Accessibility: There are five floors with many stairs. There is a staff operated platform lift as far as the 4th floor, then stairs to the attic.

To join us, please fill in the form in the centre of this newsletter and send it with your cheque, made payable to **Kingston u3a GAS**, to Hazel Burr.

07950 687553

Please keep this page for reference.

Christmas Lunch: Date to Note

This year's Christmas meal will be at Glenmore House on Thursday, 4 December. Make a note of this date. More details and booking information will follow in the November newsletter.

Puzzles

As we have two pages free in this quarter's edition, we thought you might like couple of puzzles to solve.

What do the names in each question have in common?

- 1. Eboracum, Verulamium, Deva, Aquae Sulis
- 2. James W McCord Jr, Bernard Baker, Virgilio González, Eugenio Martínez, Frank Sturgis
- 3. James A Garfield, William McKinley, Spencer Percival, Olof Palme
- 4. John Denver, the Big Bopper, Carole Lombard, Yevgeny Prigozhin
- 5. George, Anne, Dick, Timmy, Julian
- 6. St Petersburg, Salisbury, Constantinople, New Amsterdam
- 7. Java, Cobol, Python, Fortran
- 8. Lake Toma, Plynlimon, Lake Itasca, Mount Fumaiolo
- 9. Arthur Wellesley, Adolphe Sax, John Montagu, Henry Heimlich
- 10. Buonarotti, van Rijn, Prousch & Passmore
- 11. Thomas Stearns, Pelham Grenville, Gilbert Keith, Alan Alexander
- 12. Judas Maccabaeus, The Dream of Gerontius, The Damnation of Faust
- 13. Wojtyła, Prevost, Bergoglio
- 14. UK, France, Spain, Algeria, Mali, Burkino Faso, Togo, Ghana, Antarctica
- 15. Helium, Xenon, Argon, Neon

Answers overleaf

* * * * * * *

Sudoku

7							
	9	6		3	2		1
		2	7		6		
	2	8		9	1	5	5
5	4			6	9		8
			1		7		
3		4	2				7
		9					
9	7			8	,		2

Answers to quiz p 11:

1 Roman names of Englsih cities York, St Albans, Chester, Bath 2 Watergate burglars 3 Politicians assassinated while in office 4 Killed in plane crashes 5 Enid Blyton's Famous Five 6 Cities that have changed their names: Leningrad, Harare, Istanbul, New York 7 Computer programming languages 8 Source of rivers: Rhine, Severn, Mississippi, Tiber 9 Had things named after them — Duke of Wellington/Wellingtons, saxophone, Earl of Sandwich, Heimlich manoeuvre 10 Surnames of painters: Michelangelo, Rembrandt, Gilbert & George 11 Writers who use initials for their first names: T S Eliot, P G Wodehouse, G K Chesterton, A A Milne 12 Oratorios by Handel, Elgar, Gounod 13 Surnames of recent popes: Jean Paul II, Leo XIV, Francis 14 Countries through which the Greenwich meridian passes 15 Noble/Inert gases

Reports on Last Quarter's Visits

Petworth House

Our Kingston **u3a** group, led by Jacqui Hine, travelled by a small coach to Petworth House Museum in West Sussex.

Petworth is a historic market town which dates at least as far back as the Domesday Book. Although we didn't have time to explore the narrow, cobbled streets, we managed to have a coffee and delicious cakes in a quaint café there with a pink décor.

Three family names are associated with Petworth House and Park: the Percys (Earls of Northumberland), the



Seymours (Dukes of Somerset) and the Wyndhams (Earls of Egremont/Lords Leconfield). Through centuries of history the Wyndhams have lived at Petworth House and transformed it into the grand mansion you see today. The current Lord and Lady Egremont continue that tradition of unbroken occupancy there.

The Percy family were for many years one of the most powerful families in England. Their strong links with Catholicism, Mary Queen of Scots, Queen Elizabeth I, the Gunpowder Plot and the Royalist cause can be seen in the historic, colourful tapestry on display, as well as in the paintings and other objets d'art.

Our knowledgeable guide told us many fascinating stories behind the sculptures and pictures of some of the famous painters – Titian, Van Dyke, Turner, Reynolds and Blake. Charles was an avid collector of antique Roman and Greek sculpture, fine examples of which can be seen around the house.

But my breath was taken away when we entered the Carved Room. It's the crowning achievement of the 17th century Dutch wood carver, Grinling Gibbons (see my photo left). I'd never seen such mastery of wood carving as presented in this house.

The nearby huge park was laid out in the 18th century, during the life of the 2nd Earl, Charles Wyndham, who employed Capability Brown to replace the existing geometric Baroque

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landscape. The park is so extensive so, unfortunately, we didn't have time to go there.

We enjoyed this trip and our thanks go to Jacqui Hine and to other organisers for a lovely and instructive day.

Natasha Reid

The Mikado Rehearsal



Kingston **u3a** received an invitation for members to attend one

of the final rehearsals of Walton & Weybridge Amateur Operatic Society's recent production of Gilbert & Sullivan's *The Mikado*.

The week-long run was part of the Society's centenary celebration, *The Mikado* having been their first ever production. It took place at the Cecil Hepworth Playhouse which became their permanent home. Before watching the excellent cast performing a section of the operetta, we attended an interesting talk about the Gilbert & Sullivan story and the history of this charming small theatre.

It was our first outing on a warm summer's evening and was well attended. The local connection between D'Oyle Carte and Gilbert & Sullivan came as a surprise to many of us. So much history on our doorstep!

Our thanks to Jacqui Hine and Pam Townsend for arranging the visit.

Irene Stephens

* * * * * * *

Talks and Study Days

Third Age Trust

August's online talks include a wide range of topics: Staying Safe Online; Future and History of Drones; Exploring Alternatives to Mainstream Social Media; George Mallory; and Mindfulness and Compassion meet Poetry.

See full details at: www.u3a.org.uk/events/educational-events

Surrey Region

Summer School: Chichester, 1-4 Sep Booking has already opened for the 13 courses on offer.

Study Days

A study day is planned almost every month.

For details of topics, dates and booking, of all events, see:

surreynetwork.u3asite.uk/events/

London Region

There's a series of walks and talks in September:

Walk: Inns of Court – 2 Sep Walk: Magic of Marylebone – 8 Sep

Talk: Faith and Female Image – 15 Sep Walks: Hampstead Village (am & pm) – 19 Sep

19 Sep

Talks: V&A Museum (am & pm) – 28 Sep

Walk: War & City – 30 Sep For details and booking, see:

Iru3a.u3asite.uk/events

A Taste of Grass Bowls

Nanette Gray and I were invited to attend an Imber Court Bowling Club open day to learn a little about the sport.

Grass bowling is a low-impact exercise with therapeutic properties.

First you select the correct sized bowl. It must nestle in your palm, your fingers closed round it and placed in a certain way. We soon get used to it and headed off to the green with our four bowls. They are not completely round but shaped to follow a curved path when

rolled. After aiming to the right of one pole, then between two poles, we finally learnt to control the distance the bowl rolled and moved on to the final fun green.

Large photos of controversial UK and world personalities 'we love to hate' were pegged over the green. We picked a photo and aimed to hit it. I finished to a round of applause as I hit my target well and truly on the nose! (I won't say whose.)

If you would like to join me for a free taster session, please send me an email at jacqui@hine.org.uk

Monthly Meetings

Meetings are held at the United Reformed Church in Kingston on the first Monday of each month unless it is a bank holiday. Doors open at 1.30pm for a prompt 2pm start.

Date Topics/Speakers

4 Aug Robert Keable, the Utterly Immoral WW1 Chaplain – Simon Keable-Elliott

Simon talks about Robert Keable's life and his scandalous WW1 novel, Simon Called Peter, including its impact and reception.

1 Sep From Fleece to Pleats (Kilts and Tartan) - Paul Henry

Paul discusses the history of wool, demonstrates spinning, talks about the development of weaving and the history of tartan, finishing with a 'show and tell' of how a kilt is made.

6 Oct Marie Curie - Sophie Alexander

Sophie's talk covers some of the history of the charity, what services it offers and people they support, as well as how you can get involved.

3 Nov Annual General Meeting (1.30pm)

Royal National Lifeboat Institution: It's Not All at Sea – Colin Brown

Colin explains how the modern RNLI continues to provide the world's finest marine rescue service entirely funded by voluntary contribution. Video clips, pictures and sound will help you to understand the RNLI's operations, equipment and training, and tell some real rescue stories.

Kingston u3a Executive Committee 2024/2025 Registered Charity No. 1011295						
Chair	Luanne Higgins	07359 970165 (Mon-Fri, 9am-6pm) chair@kingstonu3a.org.uk				
Secretary	Liz Richardson	07931 819849 secretary@kingstonu3a.org.uk				
Treasurer	Vacancy					
Database Manager & temporary Acting Treasurer	Chris Cheek	07770 830083 database@kingstonu3a.org.uk treasurer@kingstonu3a.org.uk				
Membership Secretary	Marcia Mayeda	07380 735866 membership@kingstonu3a.org.uk				
Groups Coordinator	Anne Higgins	groups@kingstonu3a.org.uk				
Visits	Jacqui Hine	generalactivities@kingstonu3a.org.uk				
Web Coordinator	Diane Wilson	07944 333519 website@kingstonu3a.org.uk				
Speaker Secretary	Lili Cook	020 8949 1819 speakers@kingstonu3a.org.uk				
Newsletter	Susan Hinchsliffe	07814 487727 newsletter@kingstonu3a.org.uk				
Diversity & Inclusion (co-opted)	Lorraine Hellen	07986 851959 diversity@kingstonu3a.org.uk				
Climate Emergency Coordinator (co-opted)	Christine Thompson	020 3583 0638 climatecontact@kingstonu3a.org.uk				

Change of Address

Please email updates to: Chris Cheek, database manager at database@kingstonu3a.org.uk

Newsletter Contributions

We welcome reports on your group's activities, **u3a** outings or on your personal interests and experiences. Contributions should be about 250-500 words but there's room for smaller items, too.

Photos (in .JPG format, please) help illustrate your contribution but please

include the names of any people shown. Send photos as separate files and not embedded in an email or a Word document to:

communications@kingstonu3a.org.uk

Distribution

Newsletters are posted out in early February, May, August and November.

Please contact Susan Hinchsliffe at: communications@kingstonu3a.org.uk if you have any problems in receiving these publications.

Thank you.