Kingston u3a Newsletter

Volume 16 Issue 4
Winter 2026



Contents

2 Personnel Changes

3 Subscription Renewals; Group News

6 Climate Change

7 MOTO3 Boat Trip; Singing for Fun Christmas Concert

8 Visit: Mansion House Art Tour

9 Visit: Royal Albert Hall Tour

10 Talks & Study Days

11 Reports: Royal Opera House; Richmond Museum

12 Form: Mansion House Art Tour

13 Report: Design Museum Tour

14 Form: Royal Albert Hall Tour

15 Monthly Meetings 2026-27

16 Executive Committee

www.kingstonu3a.org.uk

You will all have heard by now that I have decided to step down from the Executive Committee as well as from my position as Chair of Kingston **u3a**. I've been honoured to serve as your Chair for the last few months but, for personal reasons, find myself unable to continue.

I'm proud that, during my time as Chair, I found Kingston **u3a** some new venues – Galsworthy House in Kingston and the Lion Pub in Teddington – where members can meet free of charge. I supervised our attendance, too, at the Borough event, Move Well, Live Well.

You will read inside this newsletter that three other people are also standing down from the Committee, which means we are looking for volunteers to replace us. I look on this as a chance to bring new people on to the Committee with fresh ideas to revitalise our organisation and to help our members fulfil the **u3a**'s aim to '**learn, laugh, live**'.

This is our final newsletter of 2026 and I'd like not only to bid you all a personal farewell but to wish you and your family a joyful festive season and all the best for a happy, healthy and peaceful New Year.

Luanne Higgins
Chair

Admin Matters

Personnel Changes Ahead

Chair

We were sad to learn that Luanne Higgins had resigned as Chair of Kingston **u3a**. We'd like to thank her sincerely for taking on the role and for her hard work and dedication in serving as Chair over the last 18 months.

Co-Treasurer

Anne Davies is also resigning from her position as Co-Treasurer and her bookkeeping duties. Many thanks are due to her for her preparation of our financial reports.

Diversity and Inclusion

For the last few years, Lorraine Hellen has made it her responsibility to ensure that Kingston **u3a** makes a sustained effort to offer the best we can to all members, irrespective of their background and physical ability. Thank you, Lorraine, for the work you have done.

Communications

Although Susan Hinchsliffe will continue to produce the quarterly newsletter, she will no longer handle the general communications and messages we send out to members.

* * * * * * * *

We Need your Help

The resignation of the people mentioned above means we must now recruit new members on to the Executive Committee.

Kingston **u3a** started on 11 September 1991 and, with its current 63 groups, is thriving. Members pursue their group activities, as well as participating in visits and attending the monthly meetings. In other words, they follow the **u3a**'s encouragement to 'learn, laugh, live'. None of this happens without the underlying administration and organisation. It would be a shame if we had to close down after 35 years so, please, help us to keep Kingston **u3a** going.

What the Roles Involve

We will send out details of what the vacant positions entail very soon so that you can see which skills you'll need to fulfil the roles. If you are interested in taking on any of these roles, either on your own or with a colleague, then please contact the appropriate person for more information. We look forward to hearing from you.

* * * * * * * *

Next Newsletter

Our next edition will be out at the beginning of **February 2027**.

The **deadline** for sending in copy and photographs will be **Friday, 8 January.**

Please send your contributions to: communications@kingstonu3a.org.uk

Subscriptions: a Reminder

Heartfelt thanks to those of you who have paid your Kingston **u3a** subscriptions for the new membership year. Wednesday, 30 September was the last day of our previous membership year and Thursday, 1 October the first day of the new one.

Those of you who were members in 2025-26 but did not pay to renew your memberships for 2026-27 will have received an email from us in the last week of October. If you did not receive that email (please check your Spam folder), then you may assume that you paid your subscription, so please do **not** pay again. If you don't remember paying, please check with your bank, which can respond to you much more rapidly than we are able to. If you did receive that email, please pay your membership subscription as soon as possible.

You must be a paid-up member of Kingston **u3a** to join one of our groups. This is particularly important for insurance purposes.

Membership of another **u3a** does not entitle you to membership of Kingston **u3a**. We shall ask group leaders to check membership later in the year.

The single annual membership fee is £15 and the joint fee £24 for two members living at the same address. As renewals by cash or cheque require much more handling by our tiny team, we strongly encourage members to pay by bank transfer or standing order.

Please note: our bank account for membership payments changed in 2023. If you are still paying your subscription into the old account ending in 4165, please instead pay into the account number below:

Account name: Kingston u3a
Sort code: 40 26 12
Account Number: 11441027
Reference: Your membership number, your surname and first initial, eg 9876 Smith J

Renewal by Bank Transfer/ Standing Order

You do not need to submit a form if you renew by bank transfer or standing order. If you prefer to renew by cash or cheque, there is a membership renewal form in the centre of the Autumn newsletter, which you received in August. Or, you can write your membership number on the back of your cheque. Be sure to add £0.40 to your cheque to cover the additional bank charge incurred.

If you haven't renewed by 31 December of this year, we'll conclude that you no longer wish to remain a member.

Group News

Groups Closing

Theatre Group: Christine Evans

After 20 years as the leader of this group, I have decided to stand down.

Soon after I retired in 2006 I was asked if I would start a **u3a** Theatre group. I started with about eight to 10

members and now have 107 on my email list, although there are only about 30 to 40 regular attendees. Buying tickets for West End shows at that time was difficult with long waits on the phone to make reservations and usually an admin charge of £2-3 per ticket, so I tended to use only local theatres.

About ten years ago, however, Ambassador Theatres started a spin-off called Group Line, specially for organisations wanting to book groups. This made my life much easier. It was run by Theresa Baker whom I could ring to reserve 20+ tickets at most theatres with no admin charge. I would then go back to her and purchase the number I needed, usually 10-20 per production.

I send out an email each month before the monthly meeting and for many years put on three options per month, a musical, a straight play and a comedy. After Covid, however, I reduced the number per month to one musical and a play and now I alternate with a musical one month and a play the next.

I have lost count of the number of productions I have organised over the years but my favourite theatres are the Orange Tree, Richmond and the Wimbledon Theatre. It's difficult to choose a favourite production or actor as we've seen so many good performances.

As I leave, I do hope someone will step forward to take on the role of leader of this group. Of course, I would support them in any way I could. If you or you and a friend would like to do this, please contact me at: christineevans2@aol.com Many thanks. Christine

* * * * * * *

We'd like to express our gratitude to Christine for all her work in organising these regular theatre visits and the pleasure it has given to so many of our members. Many, many thanks!

Poetry Reading 3

Leader Mary Borrows is sad to say that she is closing down this group. We'd like to thank her for her hard work in running this group for many years.

Group Changes

Book Club 1



Jane Hoyland is standing down as leader of this group after many years, for which we'd like to offer our thanks.

Maria Haller-Williams has kindly offered to take over as leader, for which we are very grateful.

The group meets at 2.30pm on the first Thursday in the month at Maria's house in the Berrylands area of Surbiton. There are plenty of parking spaces available. The K2 bus also stops very near her house.

There are vacancies for 3-4 members so, if you are interested in joining, please contact Maria: 07952 586415 or heraldstar@blueyonder.co.uk

Looking for Members

Poetry Reading 1

Leader Carol Richards is looking for new members for this relaxed group. They meet in Surbiton at 10.30am on the first and third Friday of the month.

Each member reads a selection of poems on a pre-arranged theme. Coffee and chat are included!

If you are interested in joining them, please contact Carol on 020 8399 4465 or at carol44ditton@gmail.com

New Groups

Talking Stick

Kingston **u3a** does not usually support single-sex groups but a new member, Tony Lancaster, would like to propose the following – a group for men who would like the opportunity to talk, listen and reflect together in a relaxed and supportive setting.

We feel we should consider all proposals for new groups and those who volunteer to lead groups should be encouraged and supported.

Women make up the majority of Kingston **u3a** and many of our groups are, by chance, made up only of women members. We often wonder if the predominance of women in some groups deters our male membership from joining in more. So we'd like to see how this proposed group for men only works out.

Here are the details:

The **Talking Stick** idea is simple. A small group of six to eight people sits together and a 'talking stick' is passed around. The person holding the stick has the space to speak. Everyone else listens. There is no need to give advice, solve problems or offer feedback. It is not a discussion group or a debating society and, most emphatically, it is not therapy.

The emphasis is on giving each other the space to speak without interruption, while the rest of the group listens without judging, comparing experiences or rehearsing what they want to say next.

Randomly chosen prompts serve as a starting point for each round, moving to another once everyone has spoken.

Some examples might be:

- A risk I'm glad I took.
- I get angry when I hear someone say …
- Something I would still like to put right.

Additionally anyone may talk about things that do not always find a place in ordinary conversation: relationships, ageing, friendship, fatherhood, retirement, health, vulnerability, loneliness, regret, anger, changing roles – or simply whatever happens to be on someone's mind.

Talking Stick is an attempt to create a space where a deeper kind of connection is not left entirely to chance and the surprising power of listening may come as a surprise.

If you think you might be interested in this new group or would like more information, please contact Tony Lancaster at: tonylancaster@me.com



Climate Change

This summer has been the hottest and driest on record for the UK. By mid August we had already experienced five heat waves, severe drought conditions and over 1,000 wild fires, predominantly within England and Wales. The majority of the hottest and driest periods have all been recorded since the beginning of this century with increasing frequency. In addition, our winters are now a lot wetter, with flooding of lowlands and areas close to rivers becoming increasingly frequent.

Changes to our climate can also be seen worldwide. This year there has been flooding in Japan, drought in Canada and northwest USA, leading to extensive wildfires, extreme temperatures in South Korea and Uganda, a severe heat wave and drought in western and central Europe and the catastrophic flash flooding in Nepal, caused by the melting of a mountain glacier. There is no doubt that this is the result of global warming and is caused by our heavy dependence on fossil fuels for industrial and home use, with the emission of carbon dioxide into the atmosphere.

Since the Industrial Revolution, the amount of carbon dioxide in the atmosphere has risen by more than 50 per cent. Scientists have measured this carefully and have found it is now higher than at any other time in human civilisation, making it more difficult for the oceans and biosphere to absorb the excess. It is forecast to rise unless we take drastic action to reduce it worldwide. In addition to carbon dioxide, methane is another powerful greenhouse gas. It comes from sources such as livestock farming, landfill sites and from leaks in oil and gas production.

Carbon dioxide and methane are gases associated with warming up the atmosphere by acting like an extra blanket which traps too much heat around the Earth. A warmer world means that the atmosphere is able to hold more moisture. The result is heavier and more prolonged downpours and flooding when rain comes, whilst higher temperatures dry out the land more quickly, increasing the risk of drought and wild fires.

The issue is how a reduction in these gases can be achieved before the planet is caught up in even more severe climatic events, which will have an impact on the way we live and the health of our world. It will require a massive reduction in gas emissions worldwide, plus a willingness to extract these gases from the atmosphere, to reach near pre-industrial levels. The good news is that solutions already exist and new ones are currently being developed. Renewable energy, improved energy efficiency, cleaner transport and the development of new ways of removing carbon from the atmosphere can all help. The challenge is implementing these solutions quickly enough and on a worldwide scale.

Jean Rodriguez

MOTO3: Sailing down the River

Our group recently took a boat trip on the Thames. We chose a beautiful day to travel on a guided boat tour with the charity Open City.

We started at Crown Pier on the north bank of the Thames near Blackfriars Station. Our guide, Benedict O'Looney, a Southwark-based architect, was really excellent. He started talking at 1pm and did not finish until we got off the boat at 4pm. In fact, we could have done with a half-time break! He had the most extraordinary knowledge of the river, past and present.





Sybil Hickman, Lorraine Hellen and Judith Cowley

The day was unusual in that the tide was so high that we had to do the tour in reverse. We started by sailing to a point just beyond Wapping, where we turned round and went back upstream to Battersea Power Station.

The problem was that the exceptionally high tide would not allow us to pass under Westminster Bridge. In fact, when we reached it, we had to wait some time until we had clearance. We had a large group of sightseers on the bridge, waiting to see if we were going to get through safely.

For any u3a member with mobility problems, the boat was easily accessible, as long as you could get to Crown Wharf.

The Open City charity has a year-long programme of boat tours and walks.

Lorraine Hellen; Jan Goodyear and Sybil Hickman (photos)

Singing for Fun: Christmas Sing

The Singing for Fun group will be performing a selection of seasonal songs and carols in their annual **Christmas Sing**.

It's a free performance and the audience will be invited to join in singing well known carols to get us in the mood for a joyous Christmas season. Everyone welcome!

Time/Date: 11am, Friday, 4 December
Place: Mayo Hall, United Reform Church, Eden Street, Kingston KT1 1HZ

Visits

Mansion House Art Tour

Join us on a 90-minute guided tour of the Mansion House art collection. The Harold Samuel Collection of 84 Dutch and Flemish paintings includes *The Merry Lute Player* by Frans Hals.

We'll walk through the historic State Room, the Salon and the Drawing Room, housing the Nile Suite, a suite of sofas and chairs commemorating Admiral Nelson's historic naval sea victories, particularly the Battle of the Nile. We'll also explore the Old Ballroom and the massive Palladian-style Egyptian Hall.



The Egyptian Hall
Michael Gwyther-Jones,
CC BY 2.0, via Wikimedia Commons

You'll see the 19th century marble sculptures commissioned after the Great Exhibition of 1851, alongside the historic architecture of this 18th century Georgian town palace.

Date: **Monday, 18 January**

Meeting Time/Place: 10.15am at Waterloo Station by platform 4.

We'll take the Tube to Bank and walk from there.

We can stop for coffee at the non-profit Host Café (refreshments **not** included in the price) in St Mary Aldermary Church.

Cost: £10.40

Accessibility: There are no accessibility issues and all can be accommodated.

Please note: there is a maximum of 20 people per tour.

To join us, please complete the booking form on **page 12** of this newsletter and send it with your cheque, made payable to **Kingston u3a GAS**, to Pamela Townsend.

Tel no: 07789 397635

Please keep this page for reference.

Royal Albert Hall: Behind the Scenes – Guided Tour

Learn about the history of this much loved Grade I listed building and gain insight into how all the teams come together to stage over 400 different events per year in the main auditorium. These span rock, pop, tennis, circus, ballet, dance, comedy and classical music.

Go behind the scenes into the dressing rooms, under the stage, into the loading bay and explore other areas, usually off limits to the public.

Please note: the Behind the Scenes tours take place only when there are no performances and the building is otherwise closed.

Our guided tour is scheduled for 12.30pm and lasts around one hour.

Date: **Monday, 22 February**

Meeting Time/Place: 12 noon, Royal Albert Hall, outside Door 12

Travel: Members are to make their own way to the Royal Albert Hall and meet outside Door 12 at 12 noon.

There are several different routes to the Royal Albert Hall and most of you will know the best route for you, depending on where you live. If you need help, please let Hazel know.

Cost: £20.40

Accessibility: There are lifts on every level, including down to the basement.



Royal Albert Hall, Kensington Gore, London, SW1 by Christine Matthews, CC BY-SA 2.0, via Wikimedia Commons

To join us, please complete the booking form on page 14 of this newsletter and send it with your cheque, made payable to **Kingston u3a GAS**, to Hazel Burr.

hazelbee46@yahoo.co.uk
07950 687553

Please keep this page for reference.



Royal Albert Hall, Rhododendrites, CC BY-SA 4.0, via Wikimedia Commons

Talks and Study Days

Third Age Trust

Online talks in November include: Preparation for an AI World; History and Legacy of Stax Records; Melancholy as a Creative Force; Joni Mitchell's Blue Album; Staying Safe Online; Faith and Interfaith; Shaping Fashion; the Elizabethan Bodice, Buckram and Busks; Screening to Prevent Stroke; Ultimate Guide to Editing and Creative Writing; and Learn Bridge with the **u3a**.

See full details, including dates, at:

www.u3a.org.uk/events/educational-events#Events

Surrey Network Study Days

The study days for 2026 and 2027 cover a range of subjects: The Music and Satire of Gilbert & Sullivan; Return to the Moon; AI in Society & the **u3a** Movement; Brilliance of British Architecture; Gut Biome: Microbial Monarchs: Tiny Rulers of Mankind's Destiny; Murder Most Foul; Velasquez and Goya – the Golden Age of Spanish Painting; The Columbian Exchange and its Consequences; and A Day with the Victorians.

For more information, dates, prices and booking forms, see full details at:

surreynetwork.u3asite.uk/events/

London Region

Christmas/New Year Walks Programme

Booking does not open until Tuesday, 1 December but here are the dates:

- **Christmas Lights Walk**
  Thurs,10 Dec and Fri,18 Dec
- **The Man who Reinvented Christmas: A Dickens Walk in the City of London**
  Tues, 15 Dec
- **Foodie-themed Christmas Lights Walk**
  Sun, 3 Jan

Each walk is organised and led by a qualified guide and lasts one and a half to two hours.

The events listed above are bookable separately and cost £10 each, with a maximum of 15-20 participants.

For further information and to apply and to pay to attend these walks, see the London Region website at:

https://lru3a.u3asite.uk/events/

Brandenburg Concert

2-4pm, Wednesday, 2 December at St Margaret Pattens Church, Rood Lane, Eastcheap, London EC3M 1HS. To book, go to:

lru3a.u3asite.uk/u3a_events/brandenburg-concert/

Reports on Last Quarter's Visits

Visit to the Royal Opera House

I still have vivid memories of how, as a sixth-former, I had the opportunity through a school teacher to go to the Royal Opera House (ROH) to see Margot Fonteyn and Rudolf Nureyev dance in *Romeo and Juliet*. And those amazing, majestic red velvet curtains, as they opened and closed – unforgettable!

So to have the opportunity to go behind the scenes on 22 June, led so quietly and helpfully by our leader Hazel Burr, was an absolute delight. Backstage is a rabbit warren of rooms, corridors, stairs and lifts. Our ROH guide led us into the costume storage room, where we saw not only the countless outfits but also the steam room where they are cleaned after use and adjusted for each performer. And this wasn't the only storage place. There's a place in South Wales along with another storage facility in Thurrock. Imagine the logistics involved in having each individual costume in the right place at the right time. Plans for each performance begin five years in advance.

In the props department we saw various people preparing all kinds of artefacts. A girl was working on a reproduction of the Tutankhamun mask in meticulous detail. Other props were on shelves or suspended from the ceiling.

Another treat was to watch some dancers being put through their paces in a rehearsal studio. Seeing them so close we could appreciate the incredible skill in the footwork.

The building underwent a two-year refurbishment a few years ago, with a large coffee shop (quite reasonable prices) and a bigger and better gift shop added. As part of a tour group we were entitled to the 10 per cent reduction … and I made good use of that.

Liz Landon

Visit to the Richmond Museum

On 8 July, during one of the hottest weeks of the summer, 12 brave members of Kingston **u3a** joined us at the Richmond Museum in the town centre.

The enthusiastic curator introduced us first to the temporary exhibition (now closed, unfortunately), which was a colourful display of quilts, mainly created by local people. The highlight was a Community Quilt, reflecting life under lockdown, initiated by the Richmond Mayor at that time. Two keen embroiderers had collated many contributions. Also remarkable was panel 5 of the 42-panel UK Aids Memorial Quilt, commemorating those lost to Aids, including Freddy Mercury, who once lived in Barnes.

The Museum covers the history of the London Borough of Richmond over the centuries and it has many artefacts, models, pictures and photographs.

The group moved through the Museum and, led by our interest and questions about things around us, our guide gave us more details and (cont p13)

Mansion House Art Tour

Monday, 18 January

Please make sure of your availability before booking.

I/We would like to join this outing:

Name(s): _____

Kingston u3a no(s): _____

Tel no: _____ Mobile no: _____

Email (capital letters please) or send SAE:

_____

Emergency contact name: _____

Tel no: _____

I/We enclose cheque(s), made payable to **Kingston u3a GAS**:

£10.40 ☐ £20.80 ☐

Please send your cheque, with this application form, to:

Pam Townsend
47 Salisbury Road
Worcester Park
KT4 7DF

pamandgil@me.com



interesting information, including about Hampton Court, the Star and Garter home and Richmond workhouses. The hour's visit passed very quickly and we then moved on to a local café for lunch.

The Museum runs a lively programme of talks, workshops, courses, lectures, family events and even a monthly Lego club for all ages. Information can be found on their web site.

It's well worth a visit if you have time.

Pamela Crisp & Natasha Reid (photo)

Design Museum Guided Tour

Our visit to the Design Museum on 24 September definitely brought home to us that we are a generation living through an extraordinary innovative and technological revolution.

Our excellent guide Claudio brought the exhibition to life as she explained how designers think through challenges, which result in such things as the 1931 revolutionary Harry Beck London Tube map and a 1:1 scale prototype (model v real-life size) for the Tube train. Other innovations included our iconic traffic lights.

We went on to the Maker section and saw the ground-breaking 1926 Frankfurt Kitchen (the world's first fitted kitchen layout) and the Thornet Bentwood café chair which is considered to be the most successful mass produced product in the world to date.

On the Industrial History side there was the mass-produced Ford Model T and a VW Beetle car, which many thought was too small for families but which led to the introduction of our Mini.

We learnt of the Italian company, now called Vespa, which initially made armaments for World War II. Instead of going out of business after the war, they changed to production of the classic Vespa scooter, still going strong today.

On to the User section, the area that explored the evolution of pocket technology, we tracked through from the Sony Walkman (our go-to for music while out and about), the Apple iMac G3 and early iPhone models. There was the famous SK5 Braun record player which was superseded also by the ubiquitous iPhone, though maybe now, for nostalgic reasons, the vinyl disks and record players are making a comeback.

Finally we ended our tour with a more up-to-date innovation – the 3D printer, with which we can make almost anything.

The Museum people were very welcoming and helpful and, as already mentioned, Claudio was a star guide.

Pam Townsend

Royal Albert Hall: Behind the Scenes – Guided Tour

Monday, 22 February

Please check your availability **before** you send off your booking form.

I/We would like to join this outing:

Name(s): _____

Kingston u3a no(s): _____

Tel no: _____ Mobile no: _____

Email (capital letters please) or send SAE:

_____

Emergency contact name: _____

Tel no: _____

I/We enclose cheque(s), made payable to **Kingston u3a GAS**:

£20.40 ☐ £40.80 ☐

Please send your cheque, with this application form, to:

Hazel Burr
29 Windsor Avenue
New Malden
KT3 5EY

Monthly Meetings 2026-27

Meetings are held at the United Reformed Church in Kingston on the first Monday of each month unless it is a bank holiday. Doors open at 1.30pm for a prompt 2pm start. Entrance fee is £1. Tea/Coffee and biscuits are available at the end of the meeting.

Date	Topics/Speakers
7 Dec	**Music, Musicals and Stories behind our Beloved Christmas Music – Frances Fry** A light-hearted look at some of our favourite Christmas songs with interesting stories as to their origins. You'll be encouraged to join in with the singing!

2027

Date	Topics/Speakers
4 Jan	**Annual Quiz**: Come along and pit your wits against other members.
1 Feb	**The Swinging Sixties – Andrew Baker** The story of how, in a single decade, older values and hierarchies were swept aside, giving birth to a more permissive culture and the Britain we know today. A roller coaster of a journey, relive it all and enjoy the ride!
1 Mar	**Beer, Bowie and Spooks on the A3: the Tale of a Pub – Tim Harrison** What do David Bowie, Cold War spies, Hitler's invasion manual, Edward and Mrs Simpson and John Lennon's dad have in common? Find out as Tim Harrison shares the extraordinary tale of life in the bars, kitchen and function room of the Toby Jug pub, a dodgy roadhouse on the A3 with an incredibly colourful past.
5 Apr	**A 1,000km trek across Sri Lanka – Marcia Summers** Marcia tells how she first became involved with volunteering in Sri Lanka back in 2013, of the grassroots projects she supported and the challenges and experiences of undertaking the trek. It is a story of adventure, perseverance, cultural connection and community impact.
10 May	**The Real Sweeney: Life on the Flying Squad – Jools Lloyd** Jools served for six years on the Metropolitan Police's famous Flying Squad, more popularly known as the Sweeney. Its remit was to combat armed robbery in London, at epidemic levels in the 90s. He'll speak, too, of the unrelenting hours and the work hard, play hard ethos.

We will advertise the remaining meeting dates, topics and speakers for 2027 as soon as they have been confirmed.

Kingston u3a Executive Committee 2025/2026 Registered Charity No. 1011295		
Chair	Luanne Higgins	07359 970165 (Mon-Fri, 9am-6pm) chair@kingstonu3a.org.uk
Secretary	Liz Richardson	07931 819849 secretary@kingstonu3a.org.uk
Acting Co-Treasurers	Chris Cheek Anne Davies	07770 830083 (Chris) treasurer@kingstonu3a.org.uk 07791 414610 (Anne) treasurer2@kingstonu3a.org.uk
Database Manager	Teresa Hall	database@kingstonu3a.org.uk
Membership Secretary	Marcia Mayeda	07380 735866 membership@kingstonu3a.org.uk
Groups Coordinator	Anne Higgins	groups@kingstonu3a.org.uk
Visits	Jacqui Hine	generalactivities@kingstonu3a.org.uk
Web Coordinator	Diane Wilson	07944 333519 website@kingstonu3a.org.uk
Speaker Secretary	Lili Cook	020 8949 1819 speakers@kingstonu3a.org.uk
Newsletter	Susan Hinchsliffe	07814 487727 newsletter@kingstonu3a.org.uk
Diversity & Inclusion (co-opted)	Lorraine Hellen	07986 851959 diversity@kingstonu3a.org.uk
Climate Emergency Coordinator (co-opted)	Christine Thompson	020 3583 0638 climatecontact@kingstonu3a.org.uk

Change of Address

Please email updates to:
Teresa Hall, Database Manager at
database@kingstonu3a.org.uk

Newsletter Contributions

We welcome reports on your group's activities, **u3a** outings or on your personal interests and experiences. Contributions should be about 250-500 words but there's room for smaller items, too.

Photos (in .JPG format, please) help illustrate your contribution but please include the names of any people shown. Send photos as separate files and not embedded in an email or a Word document to:
communications@kingstonu3a.org.uk

Distribution

Newsletters are posted out in early February, May, August and November.

Please contact Susan Hinchsliffe at:
communications@kingstonu3a.org.uk
if you have any problems in receiving these publications.

Thank you.